

a fresh approach

Original Torpedo Chilli Burger

Serves: 10
Preparation time approx. 20 minutes

Ingredients:

- 10 Birds Eye Foodservice Original burgers
- 10 torpedo rolls
- 5 sliced tomatoes
- 500g Home made chilli (or ready made)
- Lettuce for garnish



To prepare:

1. Cook the burgers as per pack instructions
2. Cook the chilli
3. Cut the rolls in half and fill with a burger, chilli and tomatoes
4. Place on a plate, garnish with lettuce and serve.

Nutrition Information calculated per 100g		
Energy	170	kcal
Carbohydrate	20	g
NME sugar	2.8	g
Fat	5.9	g
Saturated Fat	2.3	g
Protein	2.5	g
Fibre	1.5	g
Sodium	300	mg
Vitamin A	30	ug
Vitamin C	5	mg
Folate	30	ug
Calcium	74	mg
Iron	1	mg
Zinc	0.8	mg

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