

a fresh approach

Fresh to Foodservice

Quality food that's frozen for freshness

The Range

- A **premium quality selection** of children's and adult products
- A range of fish, poultry, vegetables and red meat
- Traceable food that's naturally nutritious
- Meal solutions for pubs, restaurants, schools, travel and leisure outlets

Frozen For Freshness

- Freezing **locks in the product's freshness** and natural nutrition
- Cook straight from frozen
- Delivers added convenience and cost-efficiencies in portion control



Meeting Nutritional Needs

- All products are free from hydrogenated vegetable oil and are non GM
- Core lines feature 100% prime fish fillet
- No added MSG, no modified starch



The Captain's Nutrition Mission

Our foodservice range for children contains:

- No artificial colours, flavours or preservatives
- No hydrogenated vegetable oil
- Are 20% or less of a 5 – 10 year old's GDA for fat, saturated fat and salt per recommended serving



Customer Support

- Skilled development chefs and nutritionists
- Knowledgeable sales force
- Engaging website
- Recipe bank
- Dedicated Care Line geared to caterer support



PRODUCT

PACKED

PACK SIZE

OUTER

**SERVINGS
PER PACK**



Fish Fingers



Cod Fillet Fish Fingers	1 x 60	1.68kg	6 x 1.8kg	20 / (3 fingers)	✓	✓	✓	✓		✓	✓		
Omega 3 Fish Fingers - with extra natural Omega 3	1 x 60	1.68kg	6 x 1.8kg	20 / (3 fingers)	✓	✓	✓	✓		✓	✓		



Vegetables



Soya Beans	–	1kg	8 x 1kg	8½*	✓	✓	✓	✓	✓	✓	✓		✓
Garden Peas	–	1.52kg	8 x 1.52kg	13*	✓	✓	✓	✓	✓		✓		
Petit Pois	–	1.2kg	10 x 1.2kg	10*	✓	✓	✓	✓	✓		✓		

Steam Bag Vegetables

Kids - Sweetcorn, Peas & Carrots	1 x 48	80g	3.84kg	48	✓	✓	✓	✓	✓		✓	✓	
Carrots, Broccoli & Sweetcorn	1 x 48	115g	5.52kg	48	✓	✓	✓	✓	✓		✓	✓	

*Based on approximately 115g portion per serving